

## Oaks "A HEALTHIER YOU!"



## Annual Biometric Screenings begin June 1, 2024 through August 31, 2024

## What is a Biometric Screening?

A biometric screening measures some basic physical characteristics such as your height, weight, waist circumference, and blood pressure. The blood draw test includes measurements of your Glucose, Cholesterol (Total, LDL, HDL, Risk Ratio), A1c, and Cotinine (a test for nicotine). This is not a drug test.

## **Questions?**

Contact Innovative Workplace Wellness at wellness@ibpllc.com or (888) 427-7383

Scan the QR code to learn more and get prepared.

For more information on how to get the best rate, scan the QR code below

