DEPARTMENT OF BEHAVIORAL HEALTH AND INTELLECTUAL disABILITY SERVICES





Office of Homeless Services 215-686-7175 24/7 Emergency Shelter Assistance

Home Repairs 215-448-2160 Phila. Division of Housing and Community Development helps homeowners with basic repairs

Utility Shut-off Assistance 215-972-5170 See if you are eligible for money from the Utility Emergency Services Fund.

Gas Heating Bill 866-857-7095 Call LIHEAP for help with your gas bill.

Low-income Housing Online bit.ly/PHLhousing Search for apartments in Philadelphia.

Affordable Housing bit.ly/AffordPHL Search affordable apartments in Philadelphia.



Employment

First Step Staffing 215-333-3349

\$12 to \$18/per hour same-day jobs, interviews, and rides to job sites. No experience is needed.

Job Coaching and Services 215-560-1900 Call the Phila. Office of Vocational Rehabilitation for help with interviews, finding work, and keeping jobs,

or visit 801 Market St., Suite 6034, Phila., PA 19107. Including people with intellectual disabilities.

Job Search 833-750-JOBS (5627) Call to schedule an appointment with CareerLink.



Philadelphia Crisis Line 215-685-6440 24/7 Emergency Behavioral Health Suicide Prevention

Community Behavioral Health 888-545-2600 Mental health and substance use treatment services for Philadelphians with Medicaid.

Behavioral Health Services 215-599-2150 Learn if you qualify for mental health and addiction services with the Targeted Case Management Unit.

Substance Use Treatment 888-545-2600 Call BHSI for addiction treatment options if you have limited or no insurance coverage.

Free Grief and Loss Support 215-685-7408/7411 **Domestic Violence Hotline** 866-723-3014

To apply for **Medical Assistance and Insurance** call Medicaid at 215-560-7226, CBH Member Services at 888-545-2600, or online at compass.state.pa.

PHMC Care Clinic 215-825-8220

Call the Public Health Management Corp. for virtual Telehealth, in-person, and limited walk-in medical appointments.

PHMC **Dental** 215-309-6223

Call the Public Health Management Corp. for virtual telehealth and emergency dental services.

Medical and Dental Services 215-320-6187 Call the Stephen Klein Wellness Center to schedule an appointment.

Children's Resources 215-836-0958 Call or visit Cradles to Crayons at 4700 Wissahickon Ave., Suite 142, Phila., PA 19144

COMMUNITY SERVICES AND RESOURCE GUIDE



Food Assistance

Food Distribution Sites

phila.gov/food/#

Find free groceries and meals near you. No ID is required.

Food pantries 311 or 800-5HUNGRY Call the Coalition Against Hunger for hot meals and food assistance in your area.

Resource Connects

CommunityResourceConnects.org

Search for food, utilities, and transportation assistance online.

Older Adult Meal Sites 215-765-9040

Call the Phila. Corporation for Aging to reserve 5 to 7 free meals per week.

SNAP Hotline 215-430-0556

Call to apply for food stamps and other benefits.

Free Grocery Delivery

amazon.com/snap-ebt

Sign up with your EBT card.

🛌 Transportation

Medical Assistance Transportation - Modivcare 1-877-835-7436

Call for transportation to appointments for people with Medicaid.

Medical Appointment Transportation 215-580-7145 Get rides to medical appointments or help with costs.

Paratransit Services 888-545-2600

Call SEPTA for the Share-Ride program and Paratransit services information.

Transportation Access Programs <u>lyft.com/lyftup</u> Get rides to the things you need like groceries, jobs, voting, and vaccines.



Internet Access

High-Speed Internet Subsidy 833-511-0311

Call to apply for a monthly internet subsidy, mail-in applications, or visit **GetEmergencyBroadband.org**.

Computer Training 215-867-9732

Call, email, or visit the Phila. Office of Innovation and Technology online to learn computer skills.

Digital Navigator Helpline 215-426-7049

Internet and Computer Access for Philadelphia Residents.



Online QR Codes

For more online resources, use a cell phone camera to scan the QR code.

Housing

Shelters

Utilities

Housing



Food Assistance

Free Food

Delivery



Hot Meals

Employment

Photo: Steve Weinik

Same-day



Coaching

Search



Internet and Computer

Free

Training

















